**雙語幼兒學校 中班課表B(綿羊)**

**Weekly Schedule of the 4-year-olds**

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| **Time**  **Activity** | **星期一**  **Mon.** | **星期二**  **Tue.** | **星期三**  **Wed.** | **星期四**  **Thu.** | **星期五**  **Fri.** |
| **8:00—8:20** | **Free Time自由活動** | | | | |
| **8:20—8:40** | **Morning Exercise體能律動** | | | | |
| **8:40—9:00** | **Breakfast Time 營養早餐** | | | | |
| **9:00—9:40** | **生活美語**  **Language art** | **生活美語**  **Language art** | **生活美語**  **Language art** | **生活美語**  **Language art** | **音樂律動**  **Music & Bodymovement** |
| **9:40—10:20** | **生活美語**  **Language art** | **生活美語**  **Language art** | **生活美語**  **Language art** | **生活美語**  **Language art** | **Writing** |
| **10:20—10:50** | **戶外活動(OutdoorGame)** | | | | |
| **10:50—11:30** | **創思數學**  **Creative Math** | **潛能開發**  **Potential**  **Development** | **創思數學**  **Creative Math** | **人際智能**  **EQ Land** | **體適能課程** |
| **11:30—12:20** | **Lunch Time 午餐時間** | | | | |
| **12:20—13:50** | **Naptime 午休時間** | | | | |
| **13:50—14:00** | **Tidy up 整理儀容** | | | | |
| **14:00—14:40** | **人文統合**  **Human Ecology** | **人文統合**  **Human Ecology** | **中文正音**  **Chinese** | **中文正音**  **Chinese** | **人文統合**  **Human Ecology** |
| **14:40—14:50** | **戶外活動**(OutdoorGame) | | | | |
| **14:50—15:30** | **人文統合**  **Human Ecology** | **人文統合**  **Human Ecology** | **人文統合**  **Human Ecology** | **人文統合**  **Human Ecology** | **人文統合**  **Human Ecology** |
| **15:30—16:00** | **Snack Time 點心時間** | | | | |
| **16:00—17:30** | **Free Time自由活動 & Go home 溫馨接送** | | | | |